



RCMS

This institution is an equal opportunity provider.

February 2020

Please see the website for menus and other key information.

Monday	Tuesday	Wednesday	Thursday	Friday
Cold: Cereal / Cheese Stick ³	Cold: Cereal /Yogurt ⁴	Cold: Cereal / Toast / Jelly ⁵	Cold: Cereal / Cinnamon Toast ⁶	Cold: Big Cereal / Cheese Stick ⁷
Hot: Sausage/ Cheese Sandwich	Hot: French Toast/ Syrup	Hot: Breakfast Casserole/ Toast	Hot: Breakfast Pizza	Hot: Cinnamon Roll
Breaded Chicken Patty Mayo / Baked Beans Pickle Slices Mandarin Oranges Milk	Hot Ham & Cheese Baby Carrots/ Dip Pickle Spears Pears Milk	Mini Pizza Bagels Corn Cherry Slushy Apple Wedges Milk	Chicken Nuggets Ketchup / Mixed Vegetables Strawberries and Bananas Cookie Milk	Bosco Sticks Marinara Dunker Romaine lettuce Salad w/dressing Pineapple Milk
Cold: Cereal / Cheese Stick ¹⁰	Cold: Cereal /Yogurt ¹¹	Cold: Cereal / Toast / Jelly ¹²	Cold: Cereal / Cinnamon Toast ¹³	Parent / Teacher Conferences
Hot: Bacon/Egg Sandwich	Hot: Pancake on Stick / Syrup	Hot Breakfast Casserole/Toast	Hot: Breakfast Pizza	
Orange Chicken Veggie Fried Rice Egg Roll Broccoli Applesauce Milk	Taco in a Bag Lettuce Cheese Salsa Strawberry Cup Milk	Sloppy Joe Pickle Spears Cowboy Beans Peaches Milk	Salisbury Steak Whipped Potatoes / Gravy Peas Mixed Fruit Valentines Cookie Milk	
President's Day	Cold: Cereal /Yogurt ¹⁸	Cold: Cereal / Toast / Jelly ¹⁹	Cold: Cereal /Cinnamon Toast ²⁰	
	Hot: Waffle /Syrup	Hot: Breakfast Casserole/Toast	Hot: Breakfast Pizza	
	Cheeseburger / Ketchup Cooked Carrots Onion Rings Mandarin Oranges Milk	Mr Ribb Sandwich Tatar Tots / Ketchup Pickle Spears Pears Milk	Chicken Tenders Ketchup or Honey Mustard Broccoli Apple Wedges Cookie / Milk	Bosco Sticks Marinara Dunker Green Beans Peaches Milk
Cold: Cereal / Cheese Stick ²⁴	Cold: Cereal /Yogurt ²⁵	Cold: Cereal / Toast / Jelly ²⁶	Cold: Cereal / Cinnamon Toast ²⁷	Cold: Big Cereal / Cheese Stick ²⁸
Hot: Bacon/Egg Sandwich	Hot: Pancakes /Syrup	Hot Breakfast Casserole/Toast	Hot: Breakfast Pizza	Hot: Biscuits and Gravy
Spaghetti W/Meatballs Green Beans Garlic Bread Mixed Fruit Milk	Popcorn Chicken BBQ Sauce or Honey Mustard Baked Beans Peaches Muffin/ Milk	Pancake on a Stick / Syrup Hash Browns / Ketchup Dragon Punch Banana Milk	Baked Potato / Margarine BBQ / Cheese Cup Roll Steamed Broccoli Pineapple Milk	Cheese Pizza Carrots / Dip Mixed Berry Cup Cookie Milk



Variety of Milk served with each meal

Reminder:
You can deposit money into your students Food Service account through Skyward Family Access.

NOTE: There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50

Reliable Caring Cooks Undoubtedly #1

Growing Strong Healthy Tigers, one Meal at a Time!

-RCCU1 Food Service Department

Prices	
Breakfast	\$2.20
Reduced	.30
Adult Breakfast	\$3.30
Lunch	\$2.80
Reduced	.40
Adult	\$4.30
EXTRA MILK	.50