





# RCMS

This institution is an equal opportunity provider.

# November 2020

Please see the website for menus and other key information.

Monday	Tuesday	Wednesday	Thursday	Friday
Frudel - Grapes <sup>2</sup>	<b>Election Day No School</b>	Cereal - Yogurt - Banana <sup>4</sup>	Donuts - Oranges <sup>5</sup>	Pancake on a Stick – Apple Slices <sup>6</sup>
PBJ Cooked Carrots Fruit - Peaches Milk		Cheeseburger on a Bun French Fry - Ketchup Fruit - Applesauce Milk	Sloppy Joes Green Beans Fruit - Pineapple Milk	Pop Corn Chicken / Roll Baked Beans Fruit – Mandarin Oranges Milk
Cinni Minni - Raisels <sup>9</sup>	Honey Buns - Grapes <sup>10</sup>	<b>Veterans' Day No School</b>	Donuts - Pineapple <sup>12</sup>	Pop tart - Orange <sup>13</sup>
Chicken & Noodles Corn / Roll Fruit – Mixed Fruit Milk	Pizza Salad / Dressing Fruit - Peaches Milk		Taco in a Bag Salsa / Lettuce / Cheese Fruit - Pears Milk	Hot Ham and Cheese Cooked Carrots Fruit – Apple Slices / Caramel Milk
Bacon on Biscuit - Peaches <sup>16</sup>	Mini Waffles - Banana <sup>17</sup>	Cereal – Yogurt - Blueberry <sup>18</sup>	Donuts - Grapes <sup>19</sup>	<b>No School P/T Conference</b>
PBJ Celery and Peanut Butter Fruit - Grapes Milk	Mini Pancake & Sausage Bites Hash Browns / Ketchup Fruit - Peaches Milk	<b>Thanksgiving Meal</b> Turkey / Roll / Pumpkin Dessert Mashed Potatoes / Gravy Fruit – Mixed Fruit / Milk	Bosco Sticks / Marinara Salad / Dressing Fruit - Applesauce Milk	
Cinni Minni - Peaches <sup>23</sup>	Honey Buns - Grapes <sup>24</sup>	Breakfast Pizza - Applesauce <sup>25</sup>	<b>Happy Thanksgiving!</b> 	
BBQ Sandwich Green Beans Fruit – Mandarin Oranges Milk	Chicken Tenders Wrap Steamed Broccoli Fruit - Apple Milk	Tater Tot Casserole Peas / Bread Stick Fruit - Pears Milk		
French Toast – Mandarin Orange <sup>30</sup>				
Chicken Nuggets / Ketchup Baked Beans / Roll Fruit - Pineapple Milk				



**Reminder:**  
You can deposit money into your students Food Service account through Skyward Family Access.

\*Menu is Subject to Change.  
\*\* Extra grains may be added to each meal.

**NOTE:** There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50

**Reliable Caring Cooks Undoubtedly #1** 

Growing Strong Healthy Tigers, one Meal at a Time!

-RCCU1 Food Service Department



	Prices
Breakfast	\$2.20
Reduced	.30
Adult Breakfast	\$3.30
Lunch	\$2.80
Reduced	.40
Adult	\$4.30
EXTRA MILK	.50