



RCMS

This institution is an equal opportunity provider.

March 2020

Please see the website for menus and other key information.

Monday	Tuesday	Wednesday	Thursday	Friday
Cold: Cereal/Cheese stick ²	Cold: Cereal /Yogurt ³	Cold: Cereal / Toast / Jelly ⁴	Cold: Cereal / Cinnamon Toast ⁵	Cold: Big Cereal / Cheese Stick ⁶
Hot: Green Eggs and Ham	Hot: French Toast/Syrup	Hot: Yogurt Bar/ Toast	Hot: Breakfast Pizza	Hot: Cinnamon Roll
Breaded Chicken Patty Mayo / Baked Beans Pickle Spears /Mandarin Oranges Milk	Pony Shoe Bread topped w/Burger/Fries/Cheese Baby Carrots / Dip Pears /Milk	Turkey Club / Mayo Tater Tots / Ketchup Pineapple Milk	Chicken Nuggets Ketchup / Green Beans Strawberries and Bananas Cookie /Milk	Bosco Sticks Marinara Dunker Romaine lettuce Salad w/dressing Peaches/Milk
Cold: Cereal / Cheese Stick ⁹	Cold: Cereal /Yogurt ¹⁰	Cold: Cereal / Toast / Jelly ¹¹	Cold: Cereal / Cinnamon Toast ¹²	NO SCHOOL
Hot: Sausage/Cheese Sandwich	Hot: Pancake on Stick/Syrup	Hot: Breakfast Casserole/ Toast	Hot: Breakfast Pizza	
Orange Chicken Rice Egg Roll /Broccoli Applesauce / Milk	Taco in a Bag Lettuce/Cheese/Salsa Strawberries Milk	Pepperoni Pizza Carrots and Dip Mixed Fruit Cake Milk	Meatloaf / Roll Mashed Potatoes/Gravy Peas/ Apple Wedges Milk	
NO SCHOOL	Cold: Cereal /Yogurt ¹⁷	Cold: Cereal / Toast / Jelly ¹⁸	Cold: Cereal / Cinnamon Toast ¹⁹	Cold: Big Cereal / Cheese Stick ²⁰
	Hot: Waffle/Syrup	Hot: Yogurt Bar/ Toast	Hot: Breakfast Pizza	Hot: Cinnamon Roll
NO SCHOOL	Fish on Bun Mac N Cheese Corn/ Pineapple St. Patty day Cookie/ Milk	Cheeseburger / Ketchup Cooked Carrots /Onion Rings Mandarin Oranges Milk	Chicken Tenders BBQ Sauce or Honey Mustard Baked Beans / Cookie Apple Wedges / Milk	Bosco Sticks Marinara Dunker Romaine lettuce Salad w/dressing Peaches/Milk
	Cold: Cereal / Cheese Stick ²³	Cold: Cereal /Yogurt ²⁴	Cold: Cereal / Toast / Jelly ²⁵	Cold: Cereal / Cinnamon Toast ²⁶
Hot: Sausage/Cheese Sandwich	Hot: French Toast/Syrup	Hot: Breakfast Casserole/ Toast	Hot: Breakfast Pizza	Hot: Pop Tart
Spaghetti W/Meatballs Green Beans / Garlic Bread Mixed Fruit Milk	Popcorn Chicken BBQ Sauce or Honey Mustard Baked Beans /Peaches Muffin/ Milk	Bacon / Egg Toast / Jelly Hash Browns / Ketchup Applesauce / Milk	Baked Potato / Margarine Cup Cheese Cup / BBQ Pork Broccoli / Roll Pineapple / Milk	Cheese Pizza Carrots / Dip Mixed Berry Cup Milk
Cold: Cereal / Cheese Stick ³⁰	Cold: Cereal /Yogurt ³¹	Cold: Cereal / Toast / Jelly ¹	Cold: Cereal / Cinnamon Toast ²	Cold: Big Cereal / Cheese Stick ³
Hot: Bacon/Egg Sandwich	Hot: Pancake /Syrup	Hot: Breakfast Casserole/ Toast	Hot: Breakfast Pizza	Hot: Cinnamon Roll
Breaded Chicken Patty Mayo / Corn Pickles Slices Mandarin Oranges Milk	Pony Shoe Bread topped w/ Burger/Fries/Cheese Baby Carrots / Dip Pears/ Milk	Sloppy Joe on Bun Pickle Spears Cowboy Beans Pineapple Milk	Chicken Nuggets Ketchup or Honey Mustard Green Beans Strawberry & Bananas Cookie / Milk	Bosco Sticks Marinara Dunker Romaine lettuce Salad w/dressing Peaches Milk



Variety of Milk served with each meal

Reminder:
You can deposit money into your students Food Service account through Skyward Family Access.

NOTE: There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50

Reliable Caring Cooks Undoubtedly #1

Growing Strong Healthy Tigers, one Meal at a Time!

-RCCU1 Food Service Department

Prices	
Breakfast	\$2.20
Reduced	.30
Adult Breakfast	\$3.30
Lunch	\$2.80
Reduced	.40
Adult	\$4.30
EXTRA MILK	.50