



RCMS

This institution is an equal opportunity provider.


December 2018

Please see the website for menus and other key information.



Variety of Milk served with each meal

All Breakfast choices come with a fruit and juice.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cold: Cereal / Cheese Stick Hot: Bacon/Egg on Muffin Orange Chicken /Rice Bean Dip/ Chips Mandarin Oranges Milk	4 Cold: Cereal /Yogurt Hot: Waffles/Syrup Chili Bag of Chips Baby Carrots / Dip Pears /Milk	5 Celebrating Illinois Bicentennial with Bicentennial Birthday Parfait Cold: Cereal / Granola Bar Mini Pizza Bagels Corn / Slushy Apple Wedges Milk	6 Cold: Cereal / Cinnamon Toast Hot: Breakfast Pizza Chicken Nuggets Ketchup / Mixed Vegetables Strawberries and Bananas Cookie /Milk	7 Cold: Big Cereal / Cheese Stick Hot: Poptart Bosco Sticks Marinara Dunker Mixed Greens Salad w/dressing Pineapple / Milk
10 Cold: Cereal / Cheese Stick Hot: Sausage/Cheese Sandwich Tiger Burger on Bun Pickles/ Ketchup Baked Beans Applesauce Milk	11 Cold: Cereal /Yogurt Hot: Pancake on Stick/Syrup Mr. Ribb Sandwich Cooked Carrots and Peas Ridgefield Slushy Milk	12 Cold: Cereal / Toast / Jelly Hot Breakfast Casserole/Toast Salisbury Steak Whipped Potatoes / Gravy Roll / Peas Mixed Fruit Milk	13 Cold: Cereal / Cinnamon Toast Hot: Breakfast Pizza CHRISTMAS DINNER Turkey and Noodles Green Beans Dessert Fresh Citrus Cup/Milk	14 Cold: Big Cereal / Cheese Stick Hot: Cinnamon Roll Pony Shoe: Burger on Toasted Bread topped with fries and cheese Peaches Mixed Greens Salad w/Dressing Milk
17 Cold: Cereal / Cheese Stick Hot: Bacon/Egg on Muffin Meatball Sub Cooked Carrots Mandarin Oranges Milk	18 Cold: Cereal /Yogurt Hot: Pancakes/Syrup Meatloaf Whipped Potatoes /Gravy Roll / Dragon Punch Pineapple/Milk	19 Cold: Cereal / Toast / Jelly Hot: Breakfast Casserole/Toast Baked Potato / Margarine Cheese Cup / Diced Ham Broccoli / Roll / Pears Milk	20 Cold: Cereal /Cinnamon Toast Hot: Breakfast Pizza Chicken Tenders Waffle / Syrup Baked Beans Apple Wedges / Milk	21 Cold: Big Cereal / Cheese Stick Hot: Poptart Bosco Sticks Marinara Dunker Green Beans Peaches/Milk
24 	25 Christmas	26 No School	27 No School	28 No School
31 New Year's Eve	1 JANUARY Happy New Year	2 No School	3 No School	4 No School
7 Cold: Cereal / Cheese Stick Hot: Sausage/Cheese Sandwich Tater Tot Casserole Steamed Broccoli / Bread Stick Pineapple Milk	8 Cold: Cereal /Yogurt Hot: Pancake on Stick/Syrup Cheese Pizza Carrots / Dip Apple Crisp Milk	9 Cold: Cereal / Toast / Jelly Hot Breakfast Casserole/Toast Taco in a Bag Lettuce/Cheese/Salsa Strawberry Cup Milk	10 Cold: Cereal / Cinnamon Toast Hot: Breakfast Pizza Pancake on a Stick w/ Syrup Hash Brown/Ketchup Ridgefield Slushy Milk	11 Cold: Big Cereal / Cheese Stick Hot: Poptart Breaded Chicken Patty on a bun Ketchup / Baked Beans Peaches Muffin/ Milk

NOTE: There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50

Reliable Caring Cooks Undoubtedly #1
Growing Strong Healthy Tigers, one Meal at a Time!
-RCCU1 Food Service Department

	Prices
Breakfast	\$2.10
Reduced	.30
Adult Breakfast	\$3.25
Lunch	\$2.70
Reduced	.40
Adult	\$4.25
EXTRA MILK	.50